

Marcello C. Monteiro Association

BRAZILIAN JIU-JITSU

SEMINAR

Marcello C. Monteiro is well known world wide, as a teacher and coach for creating fighting strategies. In regard to the Brazilian Jiu-Jitsu Seminar, he teaches the most important tricks and details that speed up the learning process and facilitates the performance of each movement.

You will "learn" effective positions, how to attack and defend, counters and re-counters, guard passes, sweeps, submissions, escapes, and set-ups to use, when fighting more advanced training partners.

Marcello is a certified and accredited Technical Teacher in Brazilian Jiu-Jitsu, registered at the "Federacao de Jiu-Jitsu do Estado do Rio De Janeiro/ Brazil". He is graduated and registered as a Professor at the "CREF - Conselho Regional de Educacao Fisica/Brazil". He has already prepared, trained and turned regular students into State, National and World Champions.

"There is only one certain way to learn and improve your skills and that is through quality instruction."



Leixlip Amenities Group (Community Centre)

Collinstown, Lexlip, County Kildare

Saturday 06.06 2009 Open Seminar 15.00-18.00

Wild Geese Martial Arts Academy

Pearce Sreet Dublin 2 07.06.2009 Instructors Seminar

Contact Number: 0857103646

Mariusz Domasat (Marcello Monteiro Representative)

www.wildgeesema.com

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